

Crockpot Dog Stew (6-7 quart)

Grease crockpot generously with coconut oil, then add:

- 1 cup frozen peas
- 1 cup frozen carrots
- 1 cup frozen green beans
- 1 cup oats
- 2 1/2 tsp KAL Bonemeal per pound of meat

Stir all ingredients, then add:

- 3 boneless skinless chicken breasts
- 4-5 chicken thighs (bone in with skin)
- 1 beef liver
- 5-6 cups of water

Cover with lid and cook on LOW for 8-9 hours

Remove all chicken and liver from crockpot, making sure to remove and discard thigh bones, and place on cutting board. Chop thoroughly and return to crockpot. Stir well and place into freezable glass dishes.